

APPETIZERS

([V] = VEGAN)

[V] DEEP FRIED MUSHROOMS	\$4.95
Deep Fried Breaded Mushrooms	
PESTO & CREAM CHEESE FILLED MUSHROOMS (BAKED)	\$5.95
Mushrooms Stuffed with Cream Cheese & Pesto. Topped with Parmesan Cheese	
[V] SAMOSAS (3)	\$4.95
Potatoes, Onions & Corn in a Mild Curry Sauce Wrapped in a Wheat Flour Pastry and Deep Fried	
[V] SPRING ROLLS (3)	\$4.95
Cabbage, Carrots, Wood ear & Bean Vermicelli Wrapped in a Wheat Flour Pastry and Deep Fried	
[V] VEGETARIAN APPETIZER COMBINATION	\$7.95
An Appetizer Sampler of Spring Rolls (2), Samosas (2), Deep Fried Mushrooms (4)	
[V] VEGGIE POTSTICKERS (6)	\$5.95
Pan Fried Dumpling, Veggie "Beef", Bok Choy, Ginger & Green Onions Wrapped with Wheat Flour Pastry	
[V] VEGGIE DUMPLING SOUP (6)	\$8.95
Bok Choy & Veggie "Beef" Wrapped with Wheat Flour Pastry in a Bowl of Vegetable Broth and Seasonal Vegetables	
VEGGIE WONTON SOUP (10)	\$8.95
Bok Choy & Veggie "Chicken" Wrapped with Wheat Flour Pastry in a Bowl of Vegetable Broth Topped with Seasonal Vegetables	

SALADS

([V] = VEGAN)

[V] FRESH VEGETABLE SALAD	\$4.95
Choice of Salad Dressing	
[V] HIGH PROTEIN WARM RICE & NUT SALAD	\$7.95
Brown, Red & Black Rice Mixed Together with Cranberries, Walnuts, Pinenuts, Peaches Cucumbers, Kidney Beans & Olives. Topped with Spring Mix Dressed in Light Lemon White Wine Vinegar & Olive Oil	
[V] HOUSE PESTO SALAD WITH WALNUT & PINENUTS	\$6.95
Fresh Mixed Greens, Peaches & Nuts. Tossed with Our Homemade Pesto Dressing	

SOUPS

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SOUP OF THE DAY	HALF \$1.95/ FULL \$2.95
[V] VEGETABLE SOUP WITH TOFU & MUSHROOM	\$8.95
Deep Fried Tofu, Mushrooms, Seasonal Vegetables, Vegetable Broth	
VEGGIE HOT & SOUR SOUP *	\$8.95
Tofu, Veggie "Meat", Carrots, Chinese Mushrooms, Chili & Vegetable Broth	

EUROPEAN - AMERICAN SPECIALTIES

(SERVED WITH BREAD & CHOICE OF SOUP OR SALAD) ([V] = VEGAN)

EGGPLANT PARMESAN	\$10.95
Traditional Favorite, Breaded & Fried. Finished with Marinara & Parmesan	
FETTUCCINE ALFREDO	\$10.95
Fettuccine Tossed with Classic Alfredo Sauce & Garnished with Parmesan Cheese	
FRENCH PEPPER PORTOBELLO MUSHROOM	\$12.95
Pan Seared with Cracked Black Pepper Corns Finished with A Rich Cream Reduction Served with Chef's Potatoes and Sautéed Vegetables	
[V] NORTH ATLANTIC TOFU	\$12.95
Breaded with Seaweed & Sesame Seeds. Topped with Pinenuts Served with Seasonal Vegetables, Veggie Brown Sauce, Brown Rice & Nuts Salad	
PASTA PRIMA VERA	\$10.95
Fresh Seasonal Vegetables Sautéed with Pasta and Marinara Garnished with Parmesan	
SPINACH RAVIOLI	\$10.95
Spinach & Mozzarella Stuffed Ravioli Served on Top a Bed of Marinara and Alfredo Sauce Garnished with Parmesan	
STUFFED EGGPLANT WITH SUNDRIED TOMATOES & PESTO CREAM CHEESE	\$12.95
A Delicious twist on a Classic. Breaded, Fried and Stuffed with Sundried Tomatoes, Basil Pesto and Cream Cheese Served with Pasta and topped with Mushroom Mornay Sauce	
VEGGIE RASPBERRY PISTACHIO "CHICKEN"	\$12.95
Veggie "Chicken" Pressed in Crushed Pistachio's then Seared. Finished with Our Raspberry Sauce. Served with Sautéed Vegetables and Pasta	

BURGERS

(SERVED WITH FRENCH FRIES & CHOICE OF SOUP OR SALAD) ([V] = VEGAN)
(INGREDIENTS CONTAIN LETTUCE & TOMATOES)

[V] VEGGIE BURGER	\$7.50
VEGGIE CHEESE BURGER	\$7.95
VEGGIE MUSHROOM BURGER WITH CHEESE	\$8.50

ENTRÉES WITH VEGETABLES

(SERVED WITH STEAM RICE) (* SPICY) ([V] = VEGAN)

[V] CURRY VEGETABLES *	\$10.50
Stir Fried Mixed Vegetables with Carrots, Onions, Peppers, Mushrooms & Garlic in a Yellow Curry Sauce	
[V] GARLIC BROCCOLI	\$9.50
Stir Fried Broccoli with Carrots & Onions in a Garlic Sauce	
[V] GARLIC GREEN BEANS WITH MUSHROOMS IN SOYBEAN SAUCE	\$10.50
Stir Fried Green Beans with Carrots, Onions & Mushrooms in Soybean Sauce	
[V] MIXED VEGETABLES & MUSHROOMS IN BLACK BEAN SAUCE	\$10.50
Stir Fried Seasonal Vegetables, Broccoli, Mushrooms, Carrots, Onions & Peppers in Our Famous Garlic Black Bean Sauce	

ENTRÉES WITH TOFU

(SERVED WITH STEAM RICE) (* SPICY) ([V] = VEGAN)

- [V] ALMOND TOFU** **\$10.50**
Deep Fried Tofu Stir Fried with Mushrooms, Carrots, Onions, Celery & Seasonal Vegetables
Topped with Almonds
- [V] CASHEW NUT TOFU** **\$10.50**
Deep Fried Tofu Stir Fried with Onions, Mushrooms, Carrots, Broccoli & Seasonal Vegetables
Topped with Cashew Nuts
- [V] CURRY TOFU *** **\$10.50**
Deep Fried Tofu Stir Fried with Carrots, Onions, Peppers, Mushrooms & Garlic
in a Yellow Curry Sauce
- [V] DEEP FRIED TOFU WITH CHINESE MUSHROOM** **\$10.50**
Deep Fried Tofu Mixed with Chinese Shiitake Mushrooms, Carrots & Baby Bok Choy
in Veggie "Oyster" Sauce
- [V] HOT & SOUR TOFU *** **\$10.50**
Deep Fried Tofu Mixed with House Garlic Sweet & Sour Chili Sauce.
Topped with Sesame Seeds. Served with a Side of Fresh Vegetables
- [V] HOUSE VEGGIE DELIGHT WITH TOFU** **\$10.50**
Deep Fried Tofu Mixed with Carrots, Mushrooms, Seasonal Vegetables
& Portobello Mushroom. Topped with Cashew Nuts
- HOUSE VEGGIE DELIGHT WITH VEGGIE "CHICKEN" & TOFU** **\$11.50**
Deep Fried Tofu Mixed with Carrots, Mushrooms, Seasonal Vegetables
Veggie "Chicken" & Portobello Mushroom. Topped with Cashew Nuts
- [V] KUNG PAO EGGPLANT & TOFU *** **\$10.50**
Stir Fried Eggplant & Deep Fried Tofu with Mushrooms, Peppers, Carrots, Celery, Chili, Onions
& Seasonal Vegetables with Our Homemade Sweet Garlic Soy Sauce
Topped with Peanuts
- [V] KUNG PAO TOFU *** **\$10.50**
Deep Fried Tofu with Mushrooms, Peppers, Carrots, Celery, Chili, Onions
& Seasonal Vegetables with Our Homemade Sweet Garlic Soy Sauce
Topped with Peanuts
- [V] PEKING TOFU *** **\$10.50**
Deep Fried Tofu. Mixed with Tomatoes, Peppers, Carrots & Onions
in a Sweet & Sour Chili Sauce
- [V] SWEET & SOUR TOFU** **\$10.50**
Deep Fried Tofu Tossed with Peppers, Onions, Tomatoes, Pineapples, Carrots
Peaches & Mushrooms in our Homemade Sweet & Sour Sauce
- [V] TERIYAKI TOFU** **\$10.50**
Deep Fried Tofu with Onions, Mushrooms, Carrots & Broccoli
in Our Homemade Sweet Garlic Ginger Soy Sauce
- [V] VEGGIE SZECHUAN TOFU WITH VEGGIE "BEEF" *** **\$10.50**
Deep Fried Tofu Mixed with Veggie "Beef", Peppers, Onions, Carrots & Mushrooms
in a Garlic Chili Oyster Sauce. Served with a Side of Broccoli
- [V] WALNUT TOFU** **\$10.50**
Deep Fried Tofu Mixed with Mushrooms, Carrots, Onions, Celery & Seasonal Vegetables
Topped with Honey Glazed Walnuts

ENTRÉES WITH VEGGIE "MEAT"

(SERVED WITH STEAM RICE) (* SPICY) ([V] = VEGAN)

[V] GARLIC GREEN BEAN WITH VEGGIE "BEEF"	\$10.50
Stir Fried Veggie "Beef" & Green Beans with Carrots & Onions in a Garlic Soybean Sauce	
VEGGIE ALMOND "CHICKEN"	\$10.50
Stir Fried Veggie "Chicken" with Mushrooms, Carrots, Onions, Celery & Seasonal Vegetables Topped with Almonds	
VEGGIE BROCCOLI "CHICKEN"	\$10.50
Stir Fried Veggie "Chicken" with Broccoli, Carrots, Onions & Mushrooms	
VEGGIE CASHEW NUT "CHICKEN"	\$10.50
Stir Fried Veggie "Chicken" with Onions, Mushrooms, Carrots, Broccoli & Seasonal Vegetables Topped with Cashew Nuts	
VEGGIE DOUBLE COOKED "CHICKEN"	\$10.50
Stir Fried Veggie "Chicken" with Cabbages, Carrots & Bamboo Shoot in Chili Soybean Sauce	
VEGGIE GENERAL TSO'S "CHICKEN" *	\$10.50
Deep Fried Veggie "Chicken" Tossed with House Sweet & Sour Chili Sauce Served with a Side of Broccoli	
VEGGIE LEMON "CHICKEN"	\$10.50
Deep Fried Veggie "Chicken" Tossed with Peppers, Peaches & Onions in Our Homemade Lemon Sauce.	
VEGGIE ORANGE "CHICKEN"	\$10.50
Deep Fried Veggie "Chicken" Tossed with Peppers, Peaches & Onions in Our Homemade Orange Sauce.	
VEGGIE SWEET & SOUR "CHICKEN"	\$10.50
Deep Fried Veggie "Chicken" Tossed with Peppers, Onions, Tomatoes, Pineapples, Carrots Peaches & Mushrooms in our Homemade Sweet & Sour Sauce	
[V] VEGGIE SZECHUAN EGGPLANT WITH VEGGIE "BEEF" *	\$10.50
Stir Fried Veggie "Beef" & Eggplant with Peppers in a Garlic Chili Veggie "Oyster" Sauce	
VEGGIE WALNUT "CHICKEN"	\$10.50
Stir Fried Veggie "Chicken" with Mushrooms, Carrots, Onions, Celery & Seasonal Vegetables Topped with Honey Glazed Walnuts	

FRIED RICE

(* SPICY) ([V] = VEGAN)

VEGETABLES FRIED RICE	\$7.95
Stir Fried Jasmine White Rice with Eggs & Vegetables with a Hint of Soy Sauce	
VEGGIE CURRY FRIED RICE WITH VEGGIE "MEAT" OR TOFU *	\$7.95
Stir Fried Jasmine White Rice with Eggs, Tofu or Veggie "Meat" with Curry Powder Garnished with Green Beans	
VEGGIE GINGER "BEEF" FRIED RICE	\$7.95
Stir Fried Jasmine White Rice Mixed with Eggs, Veggie "Beef", Ginger & Lettuce with a Hint of Soy Sauce	
VEGGIE MARCO POLO FRIED RICE	\$8.95
Stir Fried Jasmine White Rice with Eggs, Veggie "Chicken" & Deep Fried Tofu with a Hint of Soy Sauce. Garnished with Green Beans	
VEGGIE PINEAPPLE FRIED RICE WITH VEGGIE "MEAT" OR TOFU	\$8.95
Stir Fried Jasmine White Rice with Eggs, Veggie "Chicken" or Tofu, Pineapples, Carrots & Broccoli	

NOODLES

(* SPICY) ([V] = VEGAN)

PAN FRIED NOODLE WITH BEAN SPROUTS & VEGGIE "MEAT" **\$9.95**
Stir Fried Veggie "Chicken" with Bean Sprouts, Mushrooms, Onions, Carrots & Peppers
Over a Bed of Crispy Pan Fried Egg Noodles

**PAN FRIED NOODLE WITH MIXED VEGETABLES
IN BLACK BEAN SAUCE** **\$9.95**
Stir Fried Mixed Vegetables, Onions, Carrots, Mushrooms & Broccoli in Black Bean Sauce
Over a Bed of Crispy Pan Fried Egg Noodles

VEGGIE MARCO POLO PAN FRIED NOODLE **\$9.95**
Stir Fried Veggie "Chicken" and Deep Fried Tofu with Mushrooms, Onions, Carrots, Broccoli
& Baby Bok Choy Over a Bed of Crispy Pan Fried Egg Noodles

VEGGIE SINGAPORE CURRY RICE VERMICELLI WITH VEGGIE "MEAT" * \$9.50
Stir Fried Rice Noodle with Veggie "Chicken", Carrots, Onions, Bean Sprouts, Peppers & Eggs
with Curry Powder

VEGGIE YAKI NOODLE WITH VEGGIE "MEAT" **\$8.95**
Stir Fried Noodles with Veggie "Chicken". Mixed with Mushrooms, Onions, Cabbages,
Carrots & Broccoli in Veggie "Oyster" Sauce

VEGGIE YAKI UDON WITH VEGGIE "MEAT" **\$9.50**
Stir Fried Japanese Noodles with Veggie "Chicken". Mixed with Mushrooms, Onions, Cabbages,
Carrots & Broccoli in Veggie "Oyster Sauce"

NOODLE SOUPS

*NOODLE SOUPS INGREDIENTS CONTAIN MUSHROOMS & SEASONAL VEGETABLES
(SERVED IN A BOWL OF VEGETABLE BROTH)*

[V] **VEGETABLE & TOFU RICE VERMICELLI NOODLE SOUP** **\$8.95**
[V] **VEGETABLE RICE VERMICELLI NOODLE SOUP** **\$8.95**
[V] **VEGETABLE UDON SOUP** **\$8.95**

VEGGIE COMBO DINNER

\$12.95 PER PERSON

*(FREE VEGETABLE FRIED RICE FOR GROUPS OF 4 OR MORE)
(SERVED WITH STEAMED RICE, SOUP, SPRING ROLL & SAMOSA)*

CHOICE OF 1 ENTRÉE PER PERSON

- [V] Broccoli Tofu
- [V] Curry Vegetables & Tofu *
- [V] Hot & Sour Tofu *
- [V] Kung Pao Tofu *
- [V] Mixed Vegetables & Mushrooms with Black Bean Sauce
- [V] Sweet & Sour Tofu
- Veggie Cashew Nut "Chicken" or Tofu
- Veggie General Tso's "Chicken" with Broccoli *
- Veggie Sweet & Sour "Chicken"